



# 4<sup>th</sup> APAA

ADVANCES IN PSYCHIATRY  
ACROSS AGES CONFERENCE

**31 JAN – 02 FEB 2025**

**Le Méridien Dubai Hotel &  
Conference Centre,  
Dubai, UAE**

# SCIENTIFIC AGENDA



## PRE - CONFERENCE

Friday | 31 JAN 2025

01:00 PM - 02:00 PM

ACPN Staff Welcome Lunch

### WORKSHOP

#### A | Dementia Alliance - Setting The Scene



Prof. George Tadros

02:00 PM - 05:30 PM

Break

#### B | Dementia Alliance- Next steps (All)

### Pre-Conference Clinical Upskilling Program

05:30 PM - 06:15 PM

Welcome Coffee

06:15 PM-07:15 PM

**UAE Model of Group Psychotherapy:  
The Power of being in a group therapy**

Chair:



Dr. Rami Alshihabi

Speaker:



Dr. Mayada Banajah

**ECG Upskilling for  
Psychiatrists**

Chair:



Dr. Adel Karrani

Speaker:



Prof. Mani Krishnan

07:15 PM-07:30 PM

Break

07:30 PM-08:30 PM

**From conflict to connection: PCIT Journey  
(Parents Child Interaction Therapy)**

Chair:



Dr. Agnieszka  
Wilczynska



Dr. Bernou Melisse

Speakers:



Dr. Reham Kamel



Dr. Dina Youssri Afifi



Dr. Walaa Amin Fakher

**Protocol Of adult ADHD Assessment  
and Diagnosis**

Chair:



Dr. Caline El Jadam



Dr. Hania Butt

Speakers:



Dr. Joseph Guirguis



Dr. Saima Jehanzeb

08:30 PM-09:30PM

**Managing Major Depressive Disorder:  
The Promise of Brexipiprazole**

Chair:



Prof. George Tadros

Speaker



Prof. Gustavo Alva

09:30 PM

Conference Dinner

**DAY-1**


Saturday | 01 FEB 2025


8:00 AM-9:00 AM On-site Registration & Coffee

**Session-1**

Chair:  Prof. George Tadros



9:00 AM-9:15 AM **Welcome & House Keeping**

9:15 AM-9:40 AM Update on the Management of Bipolar Disorders  Prof. Tarek Okasha

9:40 AM-10:05 AM Advances in Psychopharmacology: Update on the treatment of Psychosis  Prof. Pierre Chue



10:05 AM-10:30 AM The Paradigm Shift in Child Psychiatry: A choice or a Must  Prof. Suaad Moussa

10:30 AM-10:45 AM **Question & Answer**

10:45 AM-11:10 AM Addressing the complexity: How should your MDD be treated when it is more than "just" MDD? – Brintellix advantages  
Chair:  Prof. Elias Chedid  
Speaker:  Prof. Gustavo Alva

11:10 AM-11:20 AM **Coffee Break**

**Session-2**



Chair:  Dr. Ovais Wadoo  Dr. Nahida Ahmed

11:20 AM-11:45 AM The New approach to Dementia Diagnosis and Management  Dr. Mohan Bhat

11:45 AM-12:10 PM Assertive Outreach Approach to Support Patients with Schizophrenia  Prof. Mohammed Al-Uzri


12:10 PM-12:35 PM What is the role of Digital Technology in Mental Health Care?  Dr. Asif Bachlan


12:35 PM-12:50 PM **Question & Answer**

12:50 PM-1:05 PM **Opening Ceremony**  Mr. Shafqat Malik (CEO)  Dr. Taoufik Alsaadi (CMO)

1:05 PM-1:20 PM **Announcement of ACPN Lifetime Achievement Awards**


1:20 PM-2:20 PM **Lunch Break**

2:20 PM-2:45 PM Beyond Pills to Peaks: A Journey from Oral Antipsychotics to Invega Sustenna, and beyond to Trevicta  
 Prof. Pierre Chue

2:45 PM-3:10 PM Unmet needs in schizophrenia  
 Prof. George Tadros

3:10 PM-3:35 PM Slowing Tomorrow's Decline Starts Today  
 Dr. Taoufik Alsaadi

**Training for Junior Doctor**

Chair:  Dr. Tarek Shahrour

**Training in the UK**

2:20 PM-3:00 PM

 RCPsych  
Prof. Mohammed Al-Uzri

**DAY-1**

**Saturday | 01 FEB 2025**

**3:35 PM-4:00 PM**

**Trauma from Cultural Perspective**

*Chair:*  Prof. Elias Chedid

*Speaker:*  Prof. Mona Rakhawy



**4:00 PM-4:25 PM**

**Complex PTSD: Presentation and Management**

 Prof. David Forbes


**4:25 PM-5:00 PM** **Coffee Break**


**Training for Junior Doctor**


*Chair:*  Dr. Tarek Shahrour  Dr. Akram Yousif


**3:00 PM-6:30 PM**


**CASC Orientation Session**  
**UK RCPsych Examiners**

 Dr. Jigna Stott

 Dr. Sawsan Moghazy

 Dr. Zerak Al-Salihy

 Dr. Yasser Khan

 Dr. Dalia Nagui

## WORKSHOPS

	<b>1   General</b>	<b>2   Elderly</b>	<b>3   Children</b>
<b>5:00 PM-6:30 PM</b>	<p><i>Chair:</i>  Dr. Saqib Latif</p> <p><b>When a phone call can save a life: Managing self-harm and suicidal ideations from DBT perspective</b></p> <p><i>Speakers:</i></p> <p> Dr. Reham Kamel</p> <p> Dr. Dina Youssri Afifi</p>	<p><i>Chair:</i>  Dr. Sherif Hassan</p> <p><b>Depression or Dementia or otherwise</b></p> <p><i>Speakers:</i></p> <p> Dr. Mohan Bhat</p> <p> Dr. George Crowther</p>	<p><i>Chair:</i>  Dr. Madonna Yanni</p> <p><b>Disorders of Bonding</b></p> <p><i>Speakers:</i></p> <p> Prof. Suaad Moussa</p> <p> Dr. Walaa Amin Fakher</p> <p> Dr. Mena Shehata</p>
<b>6:30 PM-7:30 PM</b>	<p><b>Weight Stigma in Healthcare</b></p> <p><i>Speakers:</i></p> <p> Ms. Carine El Khazen Hadati</p> <p> Dr. Carole Chidiac</p>	<p><b>Helping parents to deal with Big Emotions</b></p> <p><i>Speakers:</i></p> <p> Dr. Samantha Moe</p>	

**8:00 PM-10:00 PM** **Conference Business Dinner**

## DAY-2

Sunday | 02 FEB 2025



8:00 AM-9:00 AM Registration & Coffee

9:00 AM-9:15 AM Welcome & House Keeping

### Session-3

Chair:  Dr. Nasser El Hindy

9:15 AM-9:40 AM Update on the management of addiction disorders  Dr. Maged Agor

9:40 AM-10:05 AM Mental health of women in premenopausal life  Dr. Asma Ben Houidi  
 Dr. Nadia Najari


10:05 AM-10:30 AM Mood Disorders in Adolescence: Update on Management  Prof. Fadi Maalouf

10:30 AM-10:45 AM Question & Answer

10:45 AM-11:05 AM Coffee Break

### Session-4

Chair:  Dr. Ovais Wadoo

11:05 AM-11:30 PM Management of Hyperprolactinemia in Psychiatric Practice  Dr. Ovais Wadoo

11:30 PM -11:55 PM Pharmacological Management of the BPSD  Dr. George Crowther

11:55 PM -12:20 PM The Three Big D's Across Ages: Prevention and Management  Prof. Mani Krishnan


12:20 PM-12:35 PM Question & Answer

12:35 PM- 01:35 PM Lunch Break

### Session-5

Chair:  Dr. Yahya Takriti

01:35 PM - 02:00 PM Personality Disorders Across Ages  Prof. Noha Sabry

02:00 PM-02:25 PM Update on MRCpsych in the UK  Dr. Vivek Agarwal

02:25 PM-02:40 PM Coffee Break

**DAY-2**

Sunday | 02 FEB 2025

## WORKSHOPS

02:40 PM-04:10 PM

### 1 | General

Chair:



Dr. Charles Yacoub



Dr. Simon Rubidge

The Management of  
Depression in Schizophrenia  
and Bipolar Disorders

Speaker:



Prof. Pierre Chue

### 2 | Elderly

Chair:



Dr. Alaa Haweel

Safeguarding Children and  
vulnerable Adults

Speakers:



Dr. Salwa Alhosani



Dr. Yahya Takriti

### 3 | Children

Chair:



Dr. Waleed Ahmed



Dr. Emad Farrag

Beyond ADHD: utilizing systemic  
therapeutic tools and exploring  
childhood trauma

Speaker:



Ms. Nathalie Dib

RCPsych Reception  
(Regional Consultant  
Meeting)

02:40 PM-03:40 PM



Dr. Ovais Wadoo



Prof. Mohammed Al-Uzri

